



Cavaliers of the West

Zoom Webinar

Fundraiser

Fitness for Show, Performance, and Companion Dogs: A New Year's Resolution

**by
Vicki Ronchette**

Fitness and conditioning are important for every dog's well being. Whether your dog is a show dog, does dog sports or is a cherished companion, they all need exercise! Using a combination of strength, balance and body awareness exercises, Vicki Ronchette will teach you how to improve your dog's flexibility and stamina. Not only are these exercises great for your dog's body, they are also mentally stimulating and an indoor option when outside exercise is not possible. Exercises with and without fitness equipment will be discussed.

Date: Sunday, January 28, 2024

Time: 10:00-11:30 am PST

Price: \$25

All webinar purchases are final; no refunds offered.

***Follow to sign-up**

Webinar will be recorded.



Sign-up: <https://www.signupgenius.com/go/805084CA4AB29ABF85-45734718-fitness>

Questions? Please contact: COTWFundraising@gmail.com.

About Vicki Ronchette:

Vicki Ronchette has been working with dogs professionally for over 30 years as a professional dog trainer and behavior consultant, pet groomer, pet sitter, dog walker and veterinary assistant, and has attained multiple animal training certifications including CPDT (Certified Pet Dog Trainer), CAP2 and CNWI. For more information on Vicki, please visit: <https://showdogprepschool.com/faculty>.